

### JUVENTUS ACADEMY WROCŁAW

OFFER FOR THE 2025/26 Season Sleza Branch



## JUUENTUS ACADEMY

Juventus Academy Ślęza is part of the global network of all Juventus academies.

We promote the values of Juventus FC, which are consistent across every academy worldwide.

For us, the most important thing is the child's smile and the joy of playing on the pitch – that's where we start, and that's how we build the sporting attitude of a young footballer.



# TRAINGING SESIONS

### FIELDS

In winter, training sessions take place in heated indoor facilities with artificial turf, while during the spring and summer seasons we use outdoor fields with natural grass.

For the U12-U15 (Młodzik and Trampkarz) age groups, winter training may also be conducted on outdoor pitches, depending on the training schedule

### COACHES

All coaches at the Academy hold qualifications that meet the standards of the Polish Football Association (PZPN) as well as the training methodology of Juventus FC. Our coaching staff participates twice a year in specialized workshops led by trainers from Italy, ensuring continuous development and the highest quality of training

### FREQUENCY

Training sessions are held 2 to 3 times per week, depending on the age category.

Each session follows a similar structure, with the training content adapted to the specific needs of each group

### ADDITIONALLY

In addition to regular training sessions, Juventus Academy Wrocław takes part in tournaments, league matches, and friendly games.

We also organize sports camps and themed events throughout the year.
Our players have the opportunity to participate in the annual Juventus
Academy World Cup in Italy



# NEW! EXTRA CLASSES



#### INDIVIDUAL TRAINING

Classes focused on the development of technique, motor skills, game awareness, and mental elements. The classes will take place once a month, divided into categories:  $1x - \dot{Z}ak$ , Orlik;  $1x - \dot{M}iodzik$ , Trampkarz. A maximum of 8 players can participate in each training session. The duration of the classes is 60 minutes. These are selective classes, with participants chosen by the coaches of the respective groups.



#### MOTOR SKILLS TRAINING

It focuses on developing the key physical abilities of the player – speed, agility, strength, endurance, and coordination. The classes will be held once a month for those interested, divided into categories: Żak, Orlik, Młodzik, Trampkarz.

The duration of the classes is 60 minutes. The group size is limited to a maximum of 20 participants.



#### **GOALKEEPER TRAINING**

Specialized classes focused on developing skills specific to the goalkeeper position – catching, footwork, positioning, reflexes, agility, and decision-making.

The classes will be held twice a month. A maximum of 8 players can participate.

The duration of each class is 60 minutes.

### GROUP DIVISION

- Skrzaty birth years 2019/2020
- Żaki birth years 2017/2018
- >>> Orliki birth years 2015/2016
- Młodziki birth years 2013/2014
- >>> Trampkarze birth years 2011/2012

- An individual training program based on the Juventus FC methodology, incorporating the guidelines of the Polish Football Association (PZPN), has been prepared for each group
- Each group of players will be supervised by a coach. Assistant support will be provided for the Żaki and Orliki groups with more than 20 players, and for the Skrzat group with more than 16 players

# TRAINING LOCATIONS

During the winter period, we train in an inflatable sports hall with an artificial surface

FC Ślęza, Szyszkowa 6, Ślęza

During the spring and summer period, training sessions take place on the outdoor field or in the indoor sports hall

#### **Outdoor fields:**

- field Suchy Dwór
- Główna 23A, Ślęza,
- other nearby football fields
- >>> The months when outdoor field sessions take place may vary depending on field availability and weather conditions



# TOURNAMENTS AND MATCHES

### ŻAKI Orliki

Participation in 1 friendly match and 1 tournament per month.

### MŁODZIKI TRAMPKARZE

Participation in the league and possible participation in tournaments, provided they do not conflict with the league schedule

Participation in matches and tournaments is important for the development of young players – coaches will provide the team lineup each time

 Participation in league matches is mandatory, and the coach decides the lineup before each game

#### SKRZATY

Participation in 1 friendly match and 1 tournament per month.

# FEES AND PAYMENTS

SKRZAT	ŻAK	ORLIK	MŁODZIK	TRAMPKARZ
300,00 PLN	300,00 PLN	300,00 PLN	300,00 PLN	300,00 PLN
260,00 PLN	360,00 PLN	360,00 PLN	380,00 PLN	380,00 PLN
2	3	3	3	3
60	75	90	90	90
1-2	2-3	2-3	3-4	3-4
X	tak	tak	tak	tak
X	tak	tak	tak	tak
X	tak	tak	tak	tak
	300,00 PLN  2 60 1-2  X X	300,00 PLN  260,00 PLN  360,00 PLN  2  3  60  75  1-2  2-3  x  tak  x  tak	300,00 PLN 300,00 PLN 300,00 PLN 360,00 PLN 360,00 PLN 360,00 PLN 360,00 PLN 360,00 PLN 360,00 PLN 2-3 2-3 2-3	300,00 PLN         300,00 PLN         300,00 PLN         300,00 PLN           260,00 PLN         360,00 PLN         380,00 PLN           2         3         3         3           60         75         90         90           1-2         2-3         2-3         3-4   x tak

### FEES AND PAYMENTS

Winter

Summer 2026

**Participation in the Juventus Academy World Cup 2026** 

**Consultations with the coach and Sporting Director** 

**Accident insurance (NNW)** 

Access to ProTrainup

**Sibling discount** 

**Access to the Juventus Academy Wrocław online store** 

Mandatory annual medical examinations (possibility to complete them independently)

Mandatory participation in sports tests (October/April)

1st week of the 2025 winter break

August 2026

Only players from Juventus Academy are eligible to participate. The offer for a week-long tournament trip to Turin will be presented in December 2025 – cost: 4,500 PLN per person.

Once a month

**Included in the price** 

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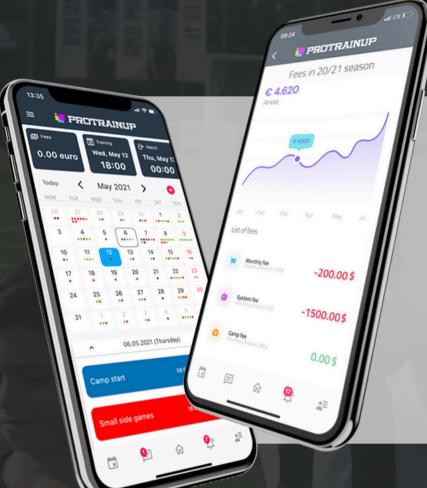
10% discount

Special promotional prices on original branded Juventus Academy sportswear

100.00 PLN (one-time fee)

100.00 PLN/person (twice a year)

## PARENT ZONE

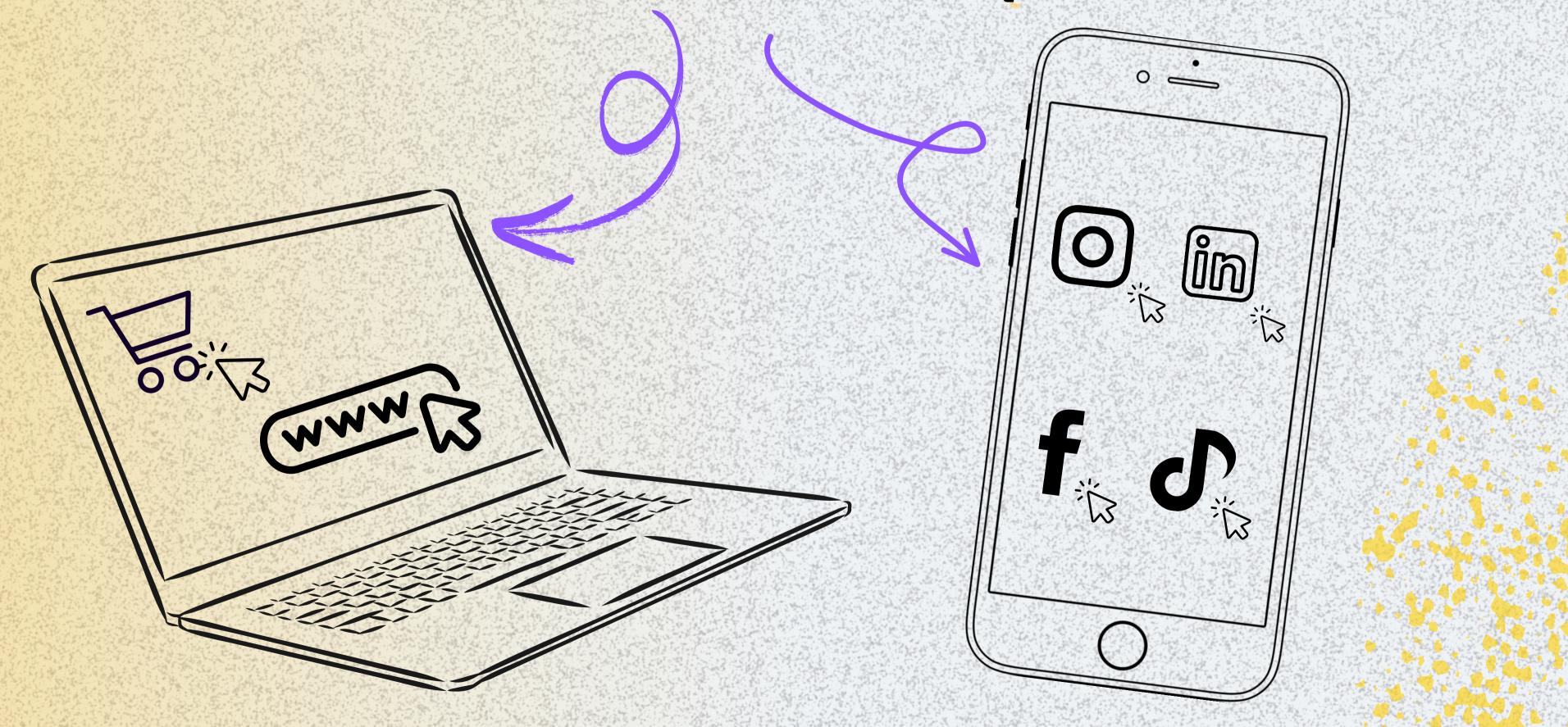


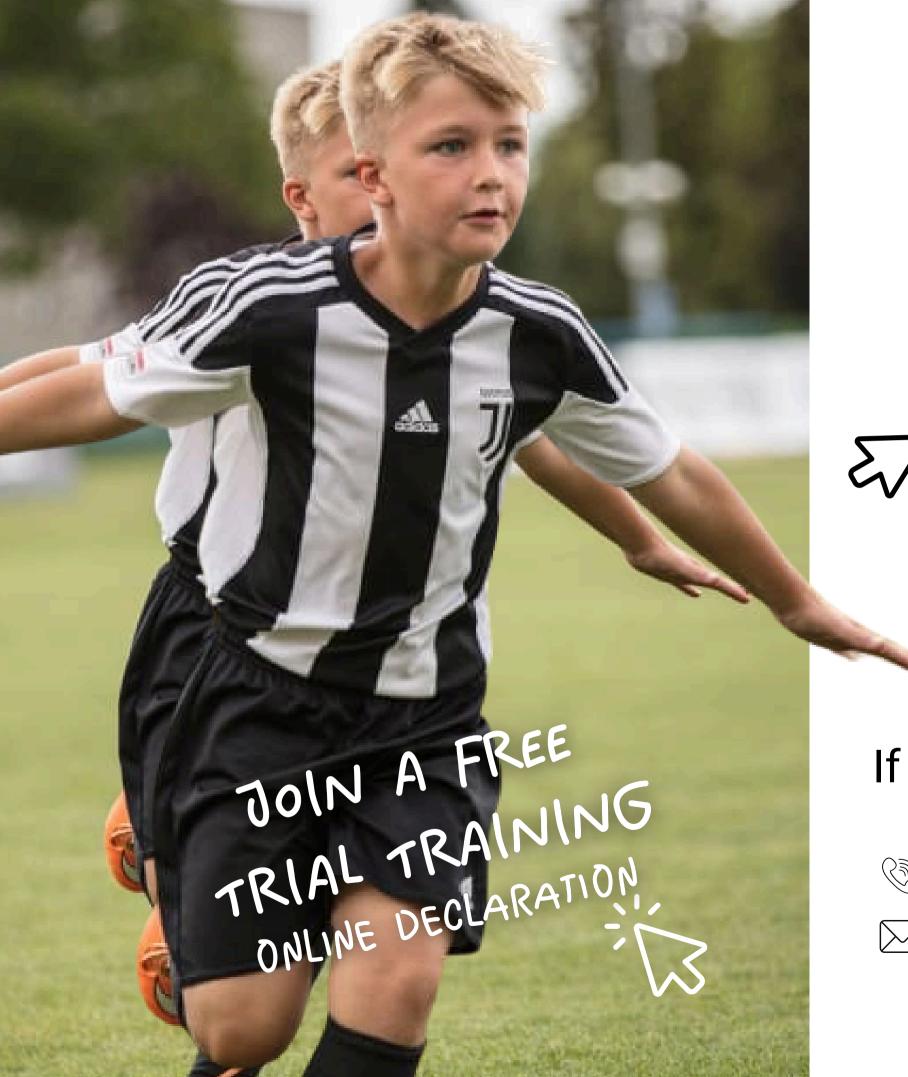
Juventus Academy uses the ProTrainUp system – a platform for managing the training process. Each parent receives individual login credentials, allowing easy access to the training schedule, tracking of the training log and player progress, as well as making online payments for membership fees

Our main form of communication with parents is through WhatsApp. We create a dedicated group for each team, where we share current organizational updates, announcements, and important messages related to the functioning of the Academy



# JUVENTUS ACADEMY ŚLĘZA ONLINE





### SIGN UP

FILL OUT THE ONLINE DECLARATION

If you have any questions, feel free to contact us:

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